Teaming for Transition: Preparing Students for Post-Secondary Life

Selah Transition Education Program (STEP)
Betty Lopez, Executive Director of Special Services
Rebekah Fuss, Transition Teacher, STEP
Today we will discuss

- Transition as a 9th-12th grade activity
- Using IEP teams to plan transition activities
- Offering a range of transition supports to students
- Utilizing resources to provide 18-21 programming
- Next steps in our journey
Who are we?

Passionate, student advocates...

...in Selah Washington

....making connections and implementing ideas.
When does transition start?

Middle School
- Set the stage

High School
- Make and follow the plan

Additional Vocational and Transitional activities
(During 18-21 years, if determined necessary)
Where does the transition plan fit?

Transition plan:
- Strengths, needs, and interests
- Postsecondary education, career, & independent living goals
- Course of study
- Coordinated set of activities
- Interagency linkages

High School & Beyond Plan
- Student profile
- Career interest inventories
- Educational goals
- 4-year course plan (PPR)
- Resume
IEP team work

- Use the IEP process to get to know student’s goals
  - Person centered planning
- Backwards plan from the end goal
- High expectations
- Think creatively about how to meet the need
Coordinated set of activities

<table>
<thead>
<tr>
<th>Where:</th>
<th>What</th>
<th>Who:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Offering a range of</td>
<td>Infusing life skills/practical understanding</td>
<td>Making interagency connections</td>
</tr>
<tr>
<td>classes</td>
<td>within core content</td>
<td>- DVR applications</td>
</tr>
<tr>
<td>Blending schedules</td>
<td></td>
<td>- Resource fairs</td>
</tr>
</tbody>
</table>
What challenges do you face in providing transition services?

- Mindset: abilities, capabilities to work
- Limited classes in schedule
- Funding
Selah Transition Education Program (STEP)

18-21 programming
How did STEP start?

Vision of SPED Director - separate location from the high school, community-based.

First partner- WISE (Washington Initiative for Supported Employment)
Mission Statement

We believe that each student is gifted and can become a valuable asset to the workplace as well as the community. We provide instruction in independent living skills such as social skills, organizational skills, cooking, budgeting and transportation by providing opportunities within our community. We believe that through community-based instruction, work experience and leisure and recreational activities, each student can lead a full and successful life.
Outcomes

The desired outcomes for students graduating from STEP include:

● An personalized transition plan based upon the capacities and interests of the individual student

● A portfolio of community and work experiences

● An established network of support that continues with a student beyond their exit from the school system

● Active engagement in a weekly schedule of meaningful work and community activities
Who do you think are the most important collaborators for a transition program?
<table>
<thead>
<tr>
<th>Core Community Partners</th>
<th>Additional Community Partners</th>
</tr>
</thead>
<tbody>
<tr>
<td>WISE</td>
<td>YMCA</td>
</tr>
<tr>
<td>DVR</td>
<td>Premier Motorsports</td>
</tr>
<tr>
<td>DDA</td>
<td>Humane Society</td>
</tr>
<tr>
<td>Service Alternatives</td>
<td>Master Gardeners</td>
</tr>
<tr>
<td>Selah Public Library</td>
<td>CRAVE Coffee</td>
</tr>
<tr>
<td>24/7 Fitness</td>
<td>Meals on Wheels</td>
</tr>
<tr>
<td>Preschool</td>
<td>Grocery Store</td>
</tr>
<tr>
<td>Chandler House</td>
<td></td>
</tr>
<tr>
<td>Burger Ranch</td>
<td></td>
</tr>
<tr>
<td>Pegasus Therapeutic Riding Project</td>
<td></td>
</tr>
<tr>
<td>Union Gospel Mission</td>
<td></td>
</tr>
<tr>
<td>Arboretum</td>
<td></td>
</tr>
<tr>
<td>Habitat for Humanity</td>
<td></td>
</tr>
</tbody>
</table>
Open House

Monthly-- evenings or lunch time depending on target audience- students or parents?

Good way to build partnerships

Provides a regular meeting time where parents can interact with each other.

Provides a safe space for students and parents to ask questions.
Examples of Open House topics

- Supported Employment
- Community Living
- Nutrition and Fitness
- Public Transportation
- Community Safety
Collaborating with other teachers

Other self-contained classroom teachers during CSL

High School Special Education teachers

What are the best ways to collaborate with other teachers?
Resources

DVR
JobCorps
Employment Providers
WorkSource
What’s next for Selah?

- Continue to build structure for transition plans to support team discussion
  - Collaborating as HS/STEP team
- Build a continuum of service options for students needing programming in 18-21 age range
- Expand partnerships with community partners
What are your next steps?
Thank you!

Questions and comments

Contact information:

Betty Lopez, bettylopez@selahschools.org

Rebekah Fuss, rebekahfuss@selahschools.org